

THE SNEEZE.

Why should a person sneeze? Why does almost every one believe that to sneeze is to catch cold? Sneezing is an explosive expulsion of air through the nasal passages and mouth, but what causes the circulation? It clears the head. When you sneeze always hold your head straight in front. Don't twist it to the left or right. Never sneeze over your shoulder. You are liable to burst a blood vessel. Some say that sitting in a draft will cause sneezing. In former days it was a very polite custom to take snuff to encourage a sneeze. Men had their jeweled snuff boxes and carried their handkerchiefs in their cuffs. No doubt a sneeze was originally designed to expel irritating material from the upper passages. In the act a powerful expiratory is made, the vocal cords are kept shut till the pressure in the chest has risen high, and the air is then suddenly allowed to escape upward, being directed into the back of the nose by the soft palate.—N. Y. Press.

George Jones, of Jonesville, in the county of Yadkin and just across the river from Elkin, sold this season from 50 stands of bees 8,500 pounds of sourwood honey, an average of 70 pounds to the stand. The honey averaged 16 cents a pound and the total sales amounted to \$565. From one stand Mr. Jones gathered 200 pounds which he sold at 17 cents a pound, realizing \$34.00 from this particular stand of bees in one season.—Statesville Landmark.

One day recently a hawk lit on Tom Koontz's porch, near Kappa, picked up two young chickens and flew with them through the door into the kitchen. In trying to escape from the kitchen the hawk flew against a large window pane, smashing the glass and falling out on the porch, where it soon expired. One of the chickens is still alive and doing well, strange to say—Mocksville Record.

When Mark Twain was a young and struggling newspaper writer in San Francisco, a lady of his acquaintance saw him one day with a cigar box under his arm, looking into a shop window.

"Mr. Clemens," she said, "I always see you with a cigar box under your arm. I am afraid you are smoking too much."

"It isn't that," said Mark, "I'm moving again.—Success."

Nervous passenger (on Lake steamer)—It must be terrible to think of an accident happening to the boat while you are away down there in that hole. Stoker—It's just the other way, ma'am. If the boat sinks I won't have to go through more'n about half as much water as you will fore I git to the bottom o' the lake.—Chicago Tribune.

It is a fact that for many years past—say twelve or fifteen—many people of North Carolina have looked forward to the assembling of the Legislature with apprehension. It is a gratifying fact, and one complementary to the men elected to the General Assembly of 1909, that nobody is afraid of the next Legislature at all.—Charlotte Observer.

"An exchange says the biggest trust on earth is the country newspaper. It trusts everybody, gets cursed for trusting, mistrusted for trusting, and if it busts for trusting, gets cursed for busting. And there you are. Cut out this article and send it to us with what you owe on subscription and prevent us from busting."

There is always satisfaction in knowing you have the best—so says the Best Snuff.

BANK REPORT.

Following is a report of the condition of the bank of Blowing Rock at Blowing Rock in the state of North Carolina, at the close of business Nov. 27, 1908:

RESOURCES:	
Loans and discounts	\$11,942.92
Overdrafts secured	274.50
Overdrafts unsecured	219.36
Banking house	1,000.00
Furniture and fixtures	1,435.45
Due from b'ks and b'krs	7,769.13
Gold coin	797.50
Silver coin, including all minor coin currency	553.62
National Bank notes and other U. S. Notes	526.00
Total	24,517.38
LIABILITIES:	
Capital stock	\$5,000.00
Undivided profits, less current expenses and taxes paid	413.02
Time certificates of deposit	5,353.52
Deposits subject to check	12,065.88
Cashier's checks outstanding	1,685.46
Total	24,517.38

State of North Carolina, Watauga county, ss: I, G. M. Sudderth, Cashier of the above named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.

G. M. SUDDERTH, Cashier.
Correct—Attest: C. J. Parlier, W. L. Holshouser, W. B. Lentz Directors.

Subscribed and sworn to before me this 10th day of Dec., 1908:
J. B. CLARK, Notary Public

BANK STATEMENT.

Following is the report of the condition of the Watauga County Bank at Boone, N. C., in the State of North Carolina, at the close of business Nov. 27, 1908:

RESOURCES:	
Loans and discounts	\$30,024.46
Overdrafts unsecured	227.69
Banking house	1,686.64
Furniture and fixtures	645.05
Due from banks and bankers	10,344.19
Gold coin	1,670.00
Silver coin, including all minor coin currency	307.69
National bank notes and other U. S. Notes	1,458.00
Total	46,363.72
LIABILITIES:	
Capital stock	\$10,000.00
Undivided profits, less current expenses and tax paid	2,891.33
Time certificates of deposit	7,728.21
Deposits subject to check	24,591.91
Cashier's checks outstanding	1,152.27
Total	46,363.72

State of North Carolina, Watauga county, ss: I, G. P. Hagaman, Cashier of the above named bank, do solemnly swear the above statement is true to the best of my knowledge and belief.

G. P. HAGAMAN, Cashier.
Correct—Attest: W. C. Coffey, T. P. Adams, N. L. Mast, Directors.

Subscribed and sworn to before me, this 5th day of Nov. 1908.
J. M. May, Register of Deeds.

BANK STATEMENT.

Following is the report of the condition of the Citizen's Bank at Elk Park, in the State of North Carolina, at the close of business Nov. 27, 1908:

RESOURCES:	
Loans and discounts	\$14,012.76
Overdrafts secured	150.40
Overdrafts unsecured	462.40
All other stocks, bonds and mortgages	655.00
Furniture and fixtures	732.03
Due from banks and b'k'rs	914.45
Cash items	380.56
Gold coin	100.00
Silver coin including all minor coin currency	268.71
National Bank notes and other U. S. notes	903.00
Total	18,579.31
LIABILITIES:	
Capital stock	6,100.00
Undivided profits less current expenses and tax paid	64.10
Time certificates of deposit	2,691.15
Deposits subject to check	9,508.31
Cashier's checks outstanding	215.00
Certified check	75.00
Total	18,579.31

State of North Carolina, county of Mitchell, ss: I, W. H. Stapp, Cashier of the above named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.

W. H. STAPP, Cashier.
Correct—Attest: H. T. Norman, J. N. Pritchard, A. P. Brinkley Directors.

Subscribed and sworn to before me, this 5th day of Dec., 1908.
D. C. MANNING, Notary public.

CASTORIA.

The Kind You Have Always Bought

Bears the Signature of

Dr. J. C. Parlier, W. L. Holshouser, W. B. Lentz Directors.

Entry Notice No. 2484.

State of North Carolina, Watauga County, Office of Entry Taker of said county.

R. H. Harper locates and enters 25 acres of land in said county in Blue Ridge township on the waters of the Yadkin river, adjoining the Rich and Martin grant of 100 acre and the Joseph Elrod 11 1/2 acre tract and two 25 acre tracts to Alexander Green's. Beginning on a chestnut tree, the S. corner of Alexander Green's tract, thence west with the southern boundary lines of the two 25 acre tracts and the old Elrod tract to a water oak on the top of the Blue Ridge, in the line of the Elrod tract, then S. with top of ridge to two chestnut oaks, the north corner of the Elrod tract, then S. E. and S. with the lines of that tract to a maple on a branch, corner of said tract, then north-east with the line of the Rich and Martin grant to the beginning. Entered Dec. 7, 1908.

H. J. HARDIN, Entry Taker.

NOTICE.

This is to notify the public generally that on the 6th day of October 1908, we executed four notes payable to Roy Martin \$100 each making in the aggregate \$400. The same were obtained by fraud and all persons are notified not to purchase the same as we will not pay any part of either, the same being fraudulent and void, Nov. 7 '08. E. F. POTTER. J. W. MAIN

FARM FOR SALE.

One mile south of Jonesboro, Tenn., containing 108 1/2 acres, one half in timber, three springs, farm all neatly fenced, good orchard, five-room brick house in the heart of the country and in good neighborhood—a good location for doctor, or farmer. It will suit any profession or vocation. Price thirty-five hundred dollars. (\$3,500). Terms of sale one half down and remainder to suit purchaser. Call at the Democrat office, Boone, N. C. and see photograph of building. For further information address,

J. H. TAYLOR.

Route 2, Jonesboro, Tenn.

Entry Notice, No. 2483.

State of North Carolina, Watauga County, Office of Entry Taker of said county.

J. R. Eggers locates and enters 10 acres of land lying on the waters of Beaver Dam creek, in Beaver Dam Township. Beginning on a cucumber in said Eggers' line, thence to G. P. Sherill's line, thence to F. M. Wilson's line, and various courses so as to include all the vacant land. Entered Dec. 7, 1908.

H. J. HARDIN, Entry Taker.

KILL THE COUGH AND CURE THE LUNGS

WITH Dr. King's New Discovery FOR COUGHS, COLDS AND ALL THROAT AND LUNG TROUBLES. GUARANTEED SATISFACTORY OR MONEY REFUNDED.

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Over 100 obtained in all countries, or NO FEE. 17-24-MARKS, Currents and Copyrights registered. Send sketch, Model or Photo, for free report on patentability. All business strictly confidential. Patent secured immediately. Surprising results. Write now to obtain and tell patent. We have no previous will pay how to get a patent and valuable information. Free to any patent.

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Sentences Sermons.

Character is what we make of life's conditions.

It takes more than good living to make the good life.

No day is long enough to waste any of it in nursing enmity.

The holy life is the one that is healthy all the way through.

The unanswered prayer finds its fruitage in the disciplined heart.

The man who is going to heaven never tries to take up all the road.

No man is as good as he might be who does not try to be better than he can be.

No man needs our pity more than he who is indifferent to the sorrow of others.

The steps downward are so many and so small that men seldom recognize the grade.

There is some moral disease present when the sight of another's happiness gives us pain.

It is often worth while to do an apparently fruitless act for the sake of acquiring a helpful habit.

Would Mortgage the Farm.

A farmer on Rural Route 2, Empire, Ga., W. A. Floyd by name says: "Bucklen's Arnica Salve cured the two worst sores I ever saw: one on my hand and one on my leg. It is worth more than its weight in gold. I would not be without it if I had to mortgage the farm to get it." Only 2c. at all druggists.

CASTORIA. The Kind You Have Always Bought. Bears the Signature of

Summer complaints and other serious ailments common in hot weather can be traced to the stomach nine cases out of ten. Keep the stomach in good order right now by keeping a bottle of Kodol handy in the house all the time but especially during this month. Kodol whenever you feel that you need it. That is the only time you need to take it. Just when you need it; then you will not be troubled with sour stomach, belching, gas on the stomach, bloating, dyspepsia and indigestion. Sold by J. M. Hodges.

Red Band Pure Scotch Snuff.

Kennedy's Laxative Cough Syrup

CONTAINS HONEY AND TAR. Relieves Colds by working them out of the system through a copious and healthy action of the bowels. Relieves Coughs by cleansing the mucous membranes of the throat, chest and bronchial tubes.

"As pleasant to the taste as Maple Sugar"

Children Like It

For BACKACHE—WEAK KIDNEYS Try DeWitt's Kidney and Bladder Pills—Sure and Safe

NATIONAL Business College. ROANOKE, VA.

As the teacher so is the school. We have the teachers. Business men know it. They want our graduates. Bookkeeping, Short hand, Typewriting, Penmanship, etc., taught as they are used in actual business. Thousands of graduates now in good positions. Nothing to risk. Twenty years successful experience. Our catalog tells all about it. It's free. Twentieth session opens Sept. 1. Write to-day. Address

E. M. COULTER, PRES.

Very Serious

It is a very serious matter to ask for one medicine and have the wrong one given you. For this reason we urge you in buying to be careful to get the genuine—THE FORD'S BLACK-DRAUGHT Liver Medicine

The reputation of this old, reliable medicine, for constipation, indigestion and liver trouble, is firmly established. It does not irritate other medicines. It is better than others, or it would not be the favorite liver powder, with a larger sale than all others combined.

SOLD IN TOWN

There are many imitations of DeWitt's Carbonized Witch Hazel Salve but just one original. Nothing else is just as good. Insist on DeWitt's. It is cleansing, cooling and soothing. Sold by J. M. Hodges.

Red Band Pure Scotch Snuff is the highest grade Snuff.

When Roosevelt goes to Rome the Romans will do as he does.

900 DROPS

CASTORIA

Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Range of Child Dr. SAMUEL PITCHER

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Bears the Signature of

NEW YORK.

35 DROPS—35 CENTS

EXACT COPY OF WRAPPER.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of

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In Use For Over Thirty Years

CASTORIA

THE CENTURY COMPANY, NEW YORK CITY.

Suffering Ladies

are urged to follow the example of thousands of their sisters and take Cardui. Cardui is a non-mineral, non-intoxicating medicine for women. It is for sick, weak ladies, with sick female organs.

TAKE CARDUI

It Will Help You

It is a genuine, curative medicine, that builds up the female system and relieves female pain. Mrs. M. A. St. Clair, of Eskdale, W. Va., writes: "Before taking Cardui, I had given up all hope of getting well. I had suffered for 3 years with my left side and was confined to my bed, so I took Cardui, and now Cardui has about cured my female trouble."

AT ALL DRUG STORES

FARMS FOR SALE.

400 acres 11-4 miles from railroad depot for sale. This farm is practically level. Rich mulatto land. 150 acres in merchantable timber. Fine road to town. Principal timber [White, Black and Red Oaks. Some Hickory, Walnut and Poplar. 220 acres cleared and in cultivation. 70 acres rich creek bottom. This is a fine Hay, Grain and Live Stock farm. Five-room frame dwelling and frame barns. The value of this farm is in the land timber, not in the buildings. Price, \$9,500.

If you are looking for first-class land, this farm will please you. Eighteen miles from Knoxville, Tenn., on main pike road. The road is now piked within two miles of the farm, and will soon be completed.

FINE 245-ACRE FARM.

This farm is situated on a public road, and is all fine smooth farming and about 50 to 60 acres creek bottom land. The farm has two-story six-room framed dwellings on it, and a large frame and log barn about 80 feet long. This is a fine grass farm and has abundance of hay and fine meadow land. One branch is on east side of farm and another branch on west side, and a fine cold spring near the dwelling running south. Farm being abundantly watered. Clear of stone and suitable for fine farming. 80 acres of fine white oak timber that is worth \$5,000. This is all fine blue grass land. Price on terms \$9,000.

Also 80 acres of fine creek bottom farm adjoining the 255 acre farm, making in all a farm of 325 acres. Price for the two farms, \$12,000.

75-ACRE FARM FOR \$2,000.

The farm is situated 5 miles from Morristown on first class road. 4 room house, branch through farm, Young orchard. 3-4 mile from flouring mill store, rural mail route. 3 miles of Russellville, Tenn., a railroad town. This is all rolling land, you can run a binder over every field. The soil is red clay and black loam, about 10 acres in timber. Title perfect. Possession at once. If taken now we will sell the above farm and \$500 personal property for \$2,500. Cash down \$1,500; balance one and two years.

Robert Wood, MORRISTOWN TENN.